

# TAKING IT DAY BY DAY

Students' routines: **from morning to night**

## PANDEMIC routines

How has the pandemic changed your day-to-day routine when it comes to school?



I only go to school every other day. When I am not physically in school, I log in virtually using Google Meet or Zoom. It has been an adjustment, but is necessary for the time being. It's sad not being able to see some of my friends that I have been going to school with every day since kindergarten. **-KATIE, PLAINEDGE HIGH SCHOOL [NY]**



I now start at 9 instead of 8:30 and am home by 11:30 most days in order to complete the second half of the day online. My school also moved to a quarter system instead of the usual semester system. **-MORGAN, SEMIAHMOO SECONDARY [BC]**



The pandemic has honestly made my day-to-day routine amazing when it comes to school. I can wake up late, get ready late, and basically do whatever I want to do. I learn really well virtually and I feel like the break away from school has made me better as a person. **-SHANNON, DRUID HILLS HIGH SCHOOL [GA]**



Coming to school is difficult and frustrating. Our masks must be on as soon as we leave our cars, and we cannot even hug or gather with close family and friends when we see them on school grounds. **-FALLON, GEORGE W HEWLETT HIGH SCHOOL [NY]**



The pandemic has changed my life positively and negatively. I get to spend more time playing video games and calling friends, but I am also left alone with a weird mind that leaves me sad and confused at times as I am not able to go out, go to school and focus on extra clubs as my distraction. **-ASHLEY, NEWMAN SMITH HIGH SCHOOL [TX]**

## LUNCHTIME PLANS

What do you do for lunch on an average day?

I either don't have lunch or I go get lunch from Chick-Fil-A. **-RYAN, LOUDOUN VALLEY HIGH SCHOOL [VA]**

We sit in socially distant rows and eat in a single desk. Our seats are assigned and we are called up by row to get food.

**-MARIA, HOLY TRINITY DIOCESAN HIGH SCHOOL [NY]**

On an average day, during the 1.5 hour lunch period we receive, I will either spend time cooking a healthy lunch or I will eat leftovers from the night before. **-BEN, DOS PUEBLOS HIGH SCHOOL [CA]**



## DAYTIME madness

From hitting the snooze to running out the door, teens are on a crazy schedule.

**0 1 2-3 4-5 6+**

How many times do you hit snooze before you get up for school?

## BREAKFAST ANYONE?

Mornings aren't as frantic as usual this school year and students are taking the time to eat breakfast.

