

## eating out...



I feel safer eating outside than inside during this time.

—Emma, Loudoun Valley High School [VA]



I'm okay eating out as long as everyone is being safe. The servers and cooks are wearing masks, sanitizing the seats, and social distancing as best they can.

—Sereena, Sands Secondary [BC]

### SOCIAL DISTANCING

It's a little more lonely now. Not being able to see all of my friends in person has had a big impact on day-to-day life.

—Lucas, Wayzata High School [MN]



# BEFORE AND AFTER

Life changes over the course of a pandemic

## How has the pandemic affected your view of LIFE?

The pandemic has taught me things like making sure to wash my hands and keep them away from my eyes. Also, that I can be more introverted than I thought, able to last six months with no social interaction besides online friends.

—Donald, Winters Mills High School [MD]



I've reflected on myself a lot, tried to personally grow and have good energy around me. Life is so temporary, I've been trying to notice the small details I wouldn't have before.

—Senelle, Newman Smith High School [TX]



It definitely changed my perspective since I've been in isolation a lot. I've been dressing more creatively, making more art and putting myself out there more.

—Karina, Druid Hills High School [GA]



The pandemic has allowed me to appreciate life and what I have much more. It has also showed me how difficult life can get, but you just have to push through and keep going.

—Sadie, Dos Pueblos High School [CA]



It has made me realize how much we need each other. All I wanted during quarantine was to see my friends. Now that I can hang out with them, I cherish every minute.

—Molly, Holy Trinity Diocesan High School [NY]



CLUBS

JOB

FAMILY

SPORTS

FRIENDS

SCHOOL

PANDEMIC LIFE

WHAT CHANGED THE MOST?

ARE

SCREEN TIME